

# MY WEIRD PROMPTS

Podcast Transcript

## EPISODE #35

# Secure Messaging: Beyond the Buzzwords

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<https://myweirdprompts.com/episode/secure-messaging-beyond-the-buzzwords/>

## EPISODE SYNOPSIS

In this thought-provoking episode, hosts Corn and Herman dive deep into the often-misunderstood world of messaging app security. They unravel the true meaning of "end-to-end encryption" (E2EE) and compare the privacy postures of popular apps like WhatsApp, Telegram, and Signal. From hidden metadata collection to the crucial nuances of cloud backups and corporate ownership, discover why your everyday chats might not be as private as you think, and learn how to align your digital communication choices with your personal "threat model." This episode challenges common assumptions and empowers listeners to make informed decisions about their digital privacy.

# TRANSCRIPT

## Corn

Welcome, welcome, welcome to My Weird Prompts! I'm Corn, your ever-curious co-host, and as always, I'm joined by the encyclopedic Herman.

## Herman

I'm well, Corn, and ready to untangle another fascinating knot. Today's topic delves into the murky waters of digital privacy, specifically messaging app security.

## Corn

Our producer, Daniel Rosehill, sent us an audio prompt this week about messaging apps and whether we're actually as secure as we think we are.

## Herman

While it's true that WhatsApp uses the Signal Protocol for its end-to-end encryption, the implementation, default settings, and the company behind it all play a significant role in the overall security posture. [Full transcript available in episode page]